

MONTHLY MENU PLANNER April to October 2018

MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Lunch Tomato and Vegetable Pasta Bake Crusty Bread	Salmon Goujons Mashed Potatoes Garden Peas	Cheese Flan Jacket Potato Baked Beans/Salad	Beef Burger Batch Potato Wedges Corn on the cob	Chicken & Vegetable Curry Boiled Rice Naan Bread
	Pudding Iced Bun	Fruit Sponge and Custard	Meringues with Fruit and Natural Yoghurt	Strawberry Mousse	Ice Cream
Week 2	Lunch Breaded Fish Chips Garden Peas	Mexican Chicken Wrap Potato Wedges Salad	Breakfast Lunch	Turkey Meatballs in Gravy Creamed Potatoes Broccoli	Homemade Lasagne Garlic Bread Salad
	Pudding Raspberry Cheesecake	Flapjack and Fruit Wedge	Fruit Trifle	Apple Pie and Cream	Frozen Smoothie
Week 3	Lunch Pizza Jacket Potato Baked Beans	Ploughmans Lunch	Homemade Chicken and Vegetable Pie Mashed Potatoes Seasonal Vegetables	Fish Finger 'Butty' Chips Mushy Peas	Spaghetti Bolognese Garlic Bread
	Pudding Fresh Fruit Or Crackers and Cheese	Blueberry Muffin	Jelly	Chocolate crunch	Frozen Fruit Yoghurt

SANDWICH OR JACKET POTATO AVAILABLE EVERYDAY